



# ACE Schools KS1 and 2 PSHE



KS3



## Dreams and Goals

## Healthy Me

## Relationships

## Changing Me

Happiness, respecting other people's differences

Learning about people with disabilities, amazing lives and achievements

Revisiting bullying, including online bullying, rumour-spreading and name-calling

Life cycles eg. Frogs, compare to humans

## Changing Me

Hopes and dreams, reflecting on own success

Exploring cultural differences, racism

First impressions, what influences your thinking

Being aware of own feelings

Simple changes that occur (not including puberty) eg. Crawling to walking

Managing feelings and emotions

STEP 2

## Being Me in My World



That touch can be used in kind and unkind ways

Falling out and mending relationships

Importance of co-operation, appreciation and trust

Friendship, how to make friends, that it's okay to have friends who are different to you

Bullying, where to ask for help, how support a peer

Similarities and differences, gender differences

## Dreams and Goals

## Relationships

## Healthy Me



Significant relationships, including those in school, family, peers etc, online relationships

Setting simple and realistic goals

How to share success

How to work well with a partner and in a group, what doesn't go well

Feelings associated with facing obstacles and achieving goals

Overcoming difficulties, perseverance

Rights and responsibilities

Being special, self-worth, positive things about yourself

Working together as a team

## Celebrating Difference

## Being Me in My World

STEP 1



What to do if you are feeling worried

Safety for yourself and others, safe and fair classrooms

Choices and consequences

